

RSE Overview @ Holy Trinity

GROWING UP SAFE

There are 13 Key areas in the Relationships, Sex Education and Health Curriculum. This overview shows how Holy Trinity goes above and beyond to ensure that ALL children are given every opportunity to learn valuable life skills in order to make positive choices and become good citizens.

Cross Curricular link	Online Relationships	Internet safety & harms	Caring Friendships	Respectful relationships	Mental Health	Being Safe	Families who care for me	Drugs, Alcohol & Tobacco	Basic First Aid	Changing Adolescent	Health & Prevention	Physical Health & Fitness	Healthy Eating
Computing													
PSHE						Incl. Allergies			UKS2				
Assemblies													
PE													
RE			Growing together in Spirit team	Growing together in Spirit team			Growing together in Spirit team						
PSHE Circle time													
Science													
Art/DT													
Lunch time													Healthy Eating initiative
Golden time													
Music													
<i>Other (add)</i>													
Wellbeing book corner													
Themed weeks	Internet Safety Day Anti-bullying week	Internet Safety Day	Fundraising for Charities	Anti-bullying week	Mental Health Awareness Day Children's Mental Health Week	Road safety week Reception Police visit	The Lunchbowl Network		St. John Ambulance visit			Bike-a-bility Walk to school Daily mile Sport competitions	Healthy Week Sports Day ELAC (Eat Like a Champ)

GROWING TOGETHER AS CHILDREN OF GOD