
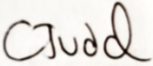


# Personal, Social and Health Education Policy

<b>Date ratified</b>	January 2024
<b>Committee Responsible for Policy</b>	Children, Families and Community
<b>Date to be updated</b>	January 2027
<b>Headteacher Signature</b>	
<b>Chair of Governors/ Committee Signature</b>	

# HOLY TRINITY C of E PRIMARY SCHOOL



## Growing together as children of God

At Holy Trinity C of E Primary School:

- we want our pupils to **grow** in confidence, independence, resilience and knowledge, so that all achieve their full potential and develop a life-long love of learning and of the world around us.
- we work **together** with families, community and church to model positive relationships, supporting each other and acknowledging that we are stronger when we work together.
- we are growing together as **children of God**, strengthening our faith, secure in the knowledge we are unique, loved and cherished

## Biblical Basis

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

**Proverbs 3: 5-6**

## Rationale

Personal, Social, Health and Economic (PSHE) education is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain. When taught well, PSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life.

While schools are not required to teach PSHE education, the subject makes a crucial contribution to schools' duties. The Education Act 2002 requires all schools to teach a curriculum that is "broadly based, balanced and meets the needs of pupils". Schools must "promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life" while having a duty to keep pupils safe.

Our approach is to build the children's self-esteem and confidence and for our approach to be consistent across the school. We intend that the policy is clearly understood and shared by all, children, staff and parents.

This policy has been written to ensure we are meeting the requirements of The Education Act 2002, incorporates materials both from the Jigsaw Scheme of Work & Zippy/Apples Friends.

This policy links closely with school policies on:

- Relationships and Sex Education
- Belonging and Behaviour (including our Growing Together rules)
- Anti-Bullying
- Kindness and Respect
- Equality
- Online Safety

# HOLY TRINITY C of E PRIMARY SCHOOL

## Definition of PSHE

Holy Trinity C of E Primary School's definition of PSHE in line with the Department for Education is that it encompasses all areas designed to promote children's personal, social, health and economic development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, and make the most of their own abilities and those of others. It helps them to understand British values in order to live as a responsible citizen.

PSHE is taught to prepare children to play an active role as members of a democratic society to develop independence and responsibility, and to make informed choices about their own lifestyle.

Holy Trinity C of E Primary School uses the Jigsaw scheme of work, Zippy Friends and Apples Friends which will help the children in their personal, social and emotional development. It will bring together work we have been teaching in our PSHE curriculum and each term we will teach a topic across the whole school. These topics will be

- Being Me
- Celebrating differences
- Dreams & Goals
- Healthy Me
- Relationships

Zippy Friends, Apples Friends and the Jigsaw scheme of work will help children to develop self-awareness, motivation, social skills and managing their feelings. These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life.

## Aims of PSHE

We want our children to develop self-awareness, positive self-esteem and confidence, enabling them to:

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility
- understand British values and live them out in their lives
- make the most of their own abilities and those of others
- behave in a socially and morally acceptable way including towards authority and each other
- become involved in the life of their community
- know about democracy and how to be an active citizen
- know about economic wellbeing

We want our children to:

- value the achievements they make, and the achievements of others
- make informed choices about dealing with risks and meeting challenges now and in the future.
- decide on values by which they want to live their lives.

Our school curriculum and ethos promotes spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives.

## Curriculum

Holy Trinity C of E Primary School uses both the Jigsaw Scheme of work & Zippy/Apples Friends which integrates personal, social, health and economic education with emphasis on emotional literacy, mental health and SMSC,

# HOLY TRINITY C of E PRIMARY SCHOOL



especially spiritual development. Children are at the heart of these schemes of work. The schemes aim to help children know and value who they really are and how they relate to other people in this ever-changing world.

In Nursery & Reception, we follow the Jigsaw scheme of work and use the 3D PSHE programme as a supplementary resource. It is designed to support children's SMSC education, focusing on Health and Wellbeing, Relationships and Living in the Wider World. Naturally, British Values are at the heart of 3D PSHE.

In Year 2, we follow the Zippy's friends programme. The programme has been developed specifically for five to seven-year-old children of all abilities. It teaches them how to cope with everyday difficulties, to identify and talk about their feelings and to explore ways of dealing with them. It also encourages children to help other people with their problems. It has been thoroughly evaluated and is endorsed by the World Health Organisation and national governments.

Apple's friends programme is used in Year 3 which follows on from Zippy's Friends. The programme has been developed specifically for seven to nine-year-old children of all abilities. It teaches children to develop coping and social skills and builds on the success of Zippy's friends.

Year 1, 3, 4, 5 and 6 follow the Jigsaw scheme of work. This scheme identifies the key concepts, skills and attributes that are developed through PSHE education. Using this scheme supports the children's spiritual, moral, cultural, mental and physical development and prepares them for the opportunities, responsibilities and experiences of life.

A range of teaching strategies will be used as appropriate. These include:

- Circle time
- Role-play
- Discussion – whole class, in small groups or 1:1
- Visitors – e.g. Fire Brigade, doctors, nurses
- Stories e.g. exploring behaviour of characters, creative activities, and pupil initiated activities.

Drug and alcohol awareness (personal well-being) are taught in KS2.

There are weekly timetabled PSHE lessons in KS1 and KS2, and specific events and activities, as well as through other subjects. There will also be opportunities during collective worship e.g. stories and discussion, Celebration Assembly. In the Foundation Stage, it is taught throughout the whole curriculum and in circle time sessions.

All classes use circle time to promote and discuss issues within PSHE.

The elected school council (JLT) are actively encouraged to promote PSHE issues.

## Cross Curricular links

Links are made with PSHE in all other curriculum areas as appropriate as well as in whole school events.

## Assessment

# HOLY TRINITY C of E PRIMARY SCHOOL



Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups. Children will be involved in self-assessment e.g. talking about their own experiences, recording ideas during lessons, and in special assemblies celebrating achievement. This information will be linked in the children's report comments.

Teachers will be able to discuss progress made by their pupils. General comments about PSHE will be included in annual reports to parents. Key Stage 1 will be using a PSHE class scrapbook and Key Stage 2 a KWL grid as a form of assessment. Children will fill out their KWL grid before and after each termly unit. The KWL grids will assist teachers in highlighting the areas that need to be revisited as a group or whole class.

## Monitoring and Evaluation of pupils

Foundation Stage pupils will be assessed in line with baseline assessments and Foundation Stage profiles.

PSHE provision has clearly defined learning outcomes, shown on the planning sheets, and these are shared with children as part of assessment for learning.

Staff attend network meetings to keep up-to-date with developments. The PSHE lead will pass on to staff any information.

The PSHE scheme of work is reviewed yearly to ensure that the content is kept up-to-date.

## Equal Opportunities

Provision for PSHE is in line with all of our policies. All children have equal access to the PSHE curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources etc. are sensitive to the needs and backgrounds of the children and are monitored annually to ensure that they will not reflect gender or cultural stereotypes.

## Parental and Community Involvement

Parents are invited to join in events in school, including workshops on relevant themes. Parents are regularly informed of events and developments via The Friday Bulletin and Parentmails.

Working with parents is a vital part of the whole school approach to PSHE. We value our parents' views on PSHE and they are encouraged to liaise with the school if they have any concerns or comments regarding any aspect of their child's welfare.

The school has strong links to Holy Trinity Church and its vicar. We involve outside agencies as much as possible to deliver aspects of the curriculum.

The PSHE Lead is training as a Mental Health First Aider.

Holy Trinity C of E School believes that partnership with parents, the church and the community enables us to receive specialist support and information to plan the best possible PSHE curriculum for our children.